Jembe Course

Jembe means "Everyone gather together in peace". This course is to enable everyone to learn to play the Jembe - an African drum and use that as a medium to find the joy of playing together. This is typically held as a 16 session workshop for 2 hours each, held on the weekends. No prior musical background is necessary. And if you don't have a jembe, they would be provided for the workshop duration.

Weekly Session Plan

- Week 1: Understanding rhythm. Exploring the drum. Learning basic hand techniques.
- Week 2: Playing simple base rhythms. Understanding tempo
- Week 3: Playing African rhythms. Playing in a group. Following a rhythm.
- Week 4: Playing Indian rhythms. Learning to create layers of rhythm e.g. doubling.
- Week 5: Creating a Solo. Connecting with my drum. Finding my own rhythm.
- Week 6: Adding dynamics to my drumming. Playing with other musicians.
- Week 7: Learning to Jam. Internalizing rhythms. The spirit of drumming.
- Week 8: Creating a performance. Playing in front of an audience

Here is a set of **rhythms and exercises** for beginners.

If you are interested to hold this in your organisation or community, please reach out to me at $+91\ 9980\ 344\ 788$

Read more about this and other workshops conducted by Ashok Kumar @ jembeashok.com