

Acting Course

This course is my humble effort to share 20 years of my acting experience across theatre, film and television. This is designed for upcoming actors who have some acting experience in these mediums and feel the need to further develop their skills. This will be held as an intensive workshop of about 15 sessions of 3 hours each, across two weeks. The number of actors will be restricted to 15 to ensure personalised attention can be provided. This will give each actor an opportunity to work on their specific areas of focus and improvement e.g. body language, voice and modulation, effective dialogue delivery etc.

Course Content

1. Learning basics - body & voice

- Relaxing physical & mental tension
- Overcoming stage fear, Being myself
- Breath and its connection with emotions
- Finding my true voice
- Projecting and articulating

2. Developing presence as an actor

- Body language
- Gesture / Postures
- Centering
- Sensing

3. Dealing with emotions and understanding navarasa

- Introduction to navarasa (nine basic emotions of human beings)
- Understanding my base emotions
- How to express these emotions

4. Tools and techniques as an actor

- Imagination
- Improvisation skill
- Using the concept of 'IF'
- Technique of Inside Out / Outside In

5. Understanding a character

- Method acting vs. Intuitive acting
- Developing the physicality of a character
- Characterization and involvement

6. Performing in front of camera

- Learning the different kinds of shots (CS, MS, LS, OSS)

- Camera movements
- Conduct at the shooting spot

7. Performing in front of mike

- Dialogue & dubbing
- Methods of memorising the dialogue
- Effective dialogue delivery

If you are interested to hold this in your organisation or community, please reach out to me at +91 9980 344 788

Read more about this and other workshops conducted by Ashok Kumar @ jembeashok.com